



October 2018 Newsletter

Welcome to DFA Network's Newest Member: Dementia Friendly Greater Pittsburgh!

Dementia-Friendly Greater Pittsburgh has hit the ground running with a vision for Greater Pittsburgh to create a community that enables those living with dementia and their care partners to live safe, engaged lives, where they remain informed and included in the everyday life of their community. Dementia-Friendly Greater Pittsburgh came as a result of the [Age-Friendly Greater Pittsburgh Action Plan](#), which launched in October 2017. As a grassroots effort, Dementia-Friendly Greater Pittsburgh is building a collaboration of organizations and individuals to acknowledge and address the specific needs of those living with dementia and their care partners while providing a safe environment as well as opportunities for continued engagement and education.

Dementia-Friendly Greater Pittsburgh has several accomplishments already,

including implementing a community survey and partnering with the University of Pittsburgh's MOVE UP research program, which is designed around mobility and lifestyle program for caregivers. One of their partners has received the statewide license to launch [Dementia Friends Pennsylvania](#). Additionally, their Cultural Arts Work Group has provided training and program support to such organizations as the Senator John Heinz History Center, the Children's Museum of Pittsburgh, the Carnegie Museum of Art, the Pittsburgh Cultural Trust and more. Dementia-Friendly Greater Pittsburgh will continue its efforts by reaching out to potential partners, including those in the faith-based community, shared ride drivers and Meals on Wheels staff.

**Interested in Starting a Dementia Friendly Initiative in Your Community?
Attend the DFA Outreach Webinar to Learn More!**

Learn how your community can join the movement that over 200 communities across 43 states have already embarked upon! Attend the [Dementia Friendly America Webinar on November 1 at 2 pm ET](#). Participants will learn about the Dementia Friendly America initiative and hear from two communities that are successfully implementing dementia-friendly initiatives: Tulsa, OK and Western North Carolina. A special focus will be placed on ways your community can take simple steps, with the support of Dementia Friendly America's website and technical assistance resources, to become dementia friendly. Join the webinar to learn more about how you can spark an initiative in your community! [Register here.](#)

Are you a friend? Help Us Make 2,055 new Dementia Friends (To Reach Our Goal of 25,000 Dementia Friends)

Administered by Dementia Friendly America, [Dementia Friends USA](#) is part of a global movement led by the Alzheimer's Society in the United Kingdom to raise awareness and reduce stigma about dementia. With Dementia Friends initiatives in more than 30 countries, there are millions of Dementia Friends around the world.

The goal of Dementia Friends USA is to have 25,000 Dementia Friends in the United States by the end of 2018. We currently have just over 22,900 Dementia

Friends in the U.S, which means we need your help to achieve our goal!

We challenge YOU to become a Dementia Friend today. Become a [Dementia Friend online](#) or through attending an [in-person session in one of 18 states](#). Part of being a Dementia Friend is committing to taking an action whether it volunteering, calling a loved one with dementia, being more patient with someone who may need assistance, or **spreading the word about Dementia Friends** to your friends, family and social networks. Join the movement today!

Topsfield Fair in Massachusetts Works to Become Dementia Friendly

The [Topsfield Fair](#), America's oldest agricultural fair since it started in 1818, has hit many milestones over the years. Its newest milestone is [working to become dementia-friendly](#), in partnership with Dementia Friendly Topsfield. Staff and volunteers who worked at this year's Topsfield Fair received education on dementia, including its signs and symptoms, to help them better support the people living with dementia and caregivers who attended the fair. Topsfield Fair also created a special map to highlight the dementia-friendly food vendors while also providing visitors with tips on being dementia friendly. The Topsfield Fair plans to unveil a multi-year plan to continue to become more dementia friendly.

LeadingAge Learning Hub Offers "Living Well With Dementia"

The LeadingAge Learning Hub, which is designed to address professional development and education needs of individuals working across the entire spectrum of aging services, has a new offering, a course called [Living Well with Dementia](#), which explores different frameworks for supporting people living with the symptoms of dementia—and encourages individuals to look at dementia through a lens of disability and empowerment. Participants in the course will explore anti-ageism and anti-ableism, as well as person-centeredness, growth and resilience. Participants will gain an understanding of compensatory strategies developed and used by and for people living with dementia. Participants will also examine how the paradigm shift from viewing dementia as a disease to dementia as a disability can dramatically change the way we think about meeting the needs of people living with dementia.

Two-Part Webinar Series on Creating Inclusivity for People Living with Dementia

The Eden Alternative and Dementia Action Alliance are co-hosting a two-part webinar series on creating inclusivity for people living with dementia. Speakers will include Brian LeBlanc, international Alzheimer's advocate, Dr. Al Power, award-winning author and geriatrician, and Jennifer Carson, director of the Dementia Engagement, Education and Research Program at the University of Nevada, Reno as well as **a leader with Dementia Friendly Nevada**. The webinar is scheduled for November 27, 2018 and December 13, 2018. [More information is available on the registration site.](#)

Dementia Friends USA



There Are **22,945** Dementia Friends across the United States. Join the Movement. Become a [Dementia Friend!](#)

In the News

- [Making religious spaces more dementia-friendly](#) (Channel 3000 Madison, 10/26/2018)
- [Carmel Fire Dept. taking steps to better serve dementia patients](#) (Current, 10/23/2018)
- [Citrus County building a reputation for being dementia friendly](#) (Citrus County Chronicle, 10/22/2018)
- [A Memory Cafe to help those who may not be able to remember — and the people who love them](#) (Indy Star, 10/20/2018)
- ['Dementia-friendly' digital reading platform wins Canada-wide competition](#) (Newswire, 10/18/2018)
- [Fox Valley Memory Project unveils new logo, new space and new goals](#) (Post Crescent, 10/17/2018)

- ['Confused... fear... agitation': Push afoot to erase stigma of dementia](#) (Pittsburgh Post-Gazette, 10/1/2018)

Upcoming Events

- [Dementia Friendly America Outreach webinar](#) (November 1, 2018)
- [101: Clinical Trials](#) – AFA webinar (November 8, 2018)
- [Hoarding Disorder in the Older American Population and Ways to Help](#) – AFA webinar (November 15, 2018)
- [Unlocking the Doors: Creating Inclusivity for People Living with Dementia](#) (November 27, 2018 and December 13, 2018)
- [Know Your Rights! Older People and the Americans with Disabilities Act](#) – AFA webinar (December 13, 2018)
- [NIH Alzheimer's Disease-Related Dementias \(ADRD\) Summit 2019](#) (March 14-15, 2019) – Registration is open

Dementia Friendly America

Starting a Dementia Friendly Community initiative? Contact [Dementia Friendly America](#) for resources and support! Check the DFA [Getting Started webpage](#) for additional information.

Dementia Friendly America Social Media



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